

Wellness Policy Assessment: November 6, 2018

School Environment:

Our district is split between three buildings (Wayne Trace Grover Hill Elementary, Wayne Trace Payne Elementary, and Wayne Trace Junior/Senior High). Each building has their own cafeteria which offers both breakfast and lunch options for our students. At lunch time students in the junior/senior high building are able to select from two separate lines. A type A lunch provides the students with a typical school lunch. The type B line allows students to select from sandwiches and salads. The elementary buildings provide the students with a typical school lunch, with a few varying choices. All options provided in each building follow the recommended nutrition guidelines set by the Ohio Department of Education. Each building also provides all students with an opportunity to be involved in physical education courses. Students at the elementary buildings are also able to be physically active as they are offered recess time throughout the day.

Good Health and Nutrition:

The district works to follow the nutrition standards set by the Ohio Department of Education in regard to our offerings within the schools. These offerings extend beyond the classroom as our district offers snacks in vending machines which meet the guidelines previously mentioned.

Physical Education:

Instruction in our physical education classrooms follows a structured plan which promotes participation by all students. These students are also encouraged to participate in such activities outside of the classroom as well. Games played within the physical education classroom are both cooperative in manner as well as competitive. The well-being of all students participating in our physical education courses is always very closely monitored by the instructors.

Physical Activity:

As a district we encourage the promotion of programs that support physical activity. Specifically, students have the opportunity to participate in a variety of sports in grades 7 – 12. Many of these sporting programs begin in lower grades.

Measurement of the Implementation:

See attached assessment sheet.

Recommendation for Revision:

At this time the assessment of the policy has been completed and the committee does not believe any revisions are necessary. Moving forward the assessment will be made available to the public.

School Name:

Wayne Trace Local Schools Wellness Assessment 2018 – 2019 (11/6/18)

Strategy	Current Policy	Strength of Current Policy			Implementation of Current Policy					Notes
		Strong	Weak	No Policy	School Wide	Most Classrooms	A Few Classrooms	In Planning	No Classrooms	
<p><i>These are the strategies that you will be working to write into policy.</i></p>	<p><i>Write any <u>current policy</u> you have for each strategy into the corresponding boxes below. Next you will score the strength and implementation of each policy.</i></p>									<p><i>Opportunities, Barriers, Resources Needed, Rank Policies by Priority, etc.</i></p>
<p>Provide healthy choices for snacks and celebrations; limit unhealthy choices. LG</p>	<ol style="list-style-type: none"> With regard to nutrition promotion, the District shall encourage students to increase their consumption of healthful foods during the school day. Provide opportunities for students to develop the knowledge and skills for consuming healthful foods. 	X			X					
<p>Provide water and low fat milk; limit or eliminate sugary beverages. LG</p>	<ol style="list-style-type: none"> The food service program shall comply with Federal and State regulations pertaining to the selection, preparation, consumption, and disposal of food and beverages. Further covered in link to Policy 8500 – Food Service and Policy 8550 – Competitive Food Sales. 	X			X					
<p>Provide non-food rewards. LG</p>	<ol style="list-style-type: none"> In accordance with Policy 8500 – Food Service and Policy 8550 – Competitive Food Sales which are linked to our policy, staff may provide non-food rewards to students for varying reasons. 	X				X				

<p>Primarily non-food items should be sold through school fundraising activities. HUSSC</p>	<p>1. Policy 8550 – Competitive Food Sales covers this strategy.</p>	<p>X</p>		<p>X</p>				
<p>Provide opportunities for children to get physical activity every day. LG</p>	<p>1. Planned instruction in physical education shall promote participation in physical activity outside the regular school day. 2. The school encourages families and community organizations to help develop and institute programs that support physical activity of all sorts. 3. All student in grades 7 – 12 shall have the opportunity to participate in interscholastic sports programs.</p>	<p>X</p>		<p>X</p>				
<p>The school demonstrates a commitment to neither deny nor require physical activity as a means of punishment. HUSSC</p>	<p>1. While the Wayne Trace Local School does not promote physical activity as a form of punishment, our policies do allow for a student to be suspended from interscholastic sports programs for a portion of time due to inappropriate behavior.</p>	<p>X</p>		<p>X</p>				
<p>Limit recreational screen time. (School based screen time) LG</p>	<p>1. Our procedures comply with limited recreational screen time.</p>	<p>X</p>		<p>X</p>				