

## Wayne Trace Community Fitness Center (WTCFC)

### Regulations and Expectations – 2018/19 – *(Subject to Change)*

The Wayne Trace Local School District (WTLS) seeks to provide a high-quality fitness center with superior experiences in the WTCFC to its community. For this reason, the following regulations and expectations shall be enforced:

#### Community Access:

1. Families who reside in and/or own property in the district, families whose children attend WTLS but live outside the district, and graduates of Wayne Trace High School and/or the high schools that consolidated to form WTHS, regardless of district residence, may purchase a membership for use of the WTCFC.
2. Adult members must be at least 18 years of age, out of high school, and otherwise eligible based on residence or attendance in WTLS. Current WTLS students and/or minor children of members may use their family membership but must be accompanied by the adult member(s) who purchased the membership.
3. WTLS has the right to deactivate the fobs of those members who violate the regulations and expectations of the WTCFC.

#### Memberships:

1. Memberships will be purchased in the district office.
2. Memberships will be considered lifelong once purchased.
3. The cost of the membership shall be \$5.00 and shall be payable to Wayne Trace Local Schools. If a family would like to have a second fob for their spouse, the cost will be an additional \$5.00.
4. Each membership must include a list of the authorized family members who will be permitted to use it.
5. All users of the WTCFC must sign a use agreement and release of liability form. If multiple family members will utilize the membership, each family member must sign a use agreement and release of liability form. Parents must complete a use agreement and release of liability form for each minor child who will use the WTCFC.
6. Members will be provided a keyless entry fob to access the WTCFC.
7. Members wishing to cancel their membership are requested to return their fob to the district office.
8. Lost, damaged, or additional fobs will be charged \$25.00.
9. The membership fee will be used to cover the cost of the member's key fob.

#### Use of Facility:

1. Depending on the nature of the workout, members should have a suitable work out partner or spotter. Proper training on use of equipment is the responsibility of the member.

2. When finished with a workout, return all equipment to its original location: remove weights from bars and re-rack them. Wipe down equipment.
3. Do not drop bars or lean plates against the equipment, racks or benches.
4. Use machines and weight racks for their intended purpose. Never alter the use of equipment.
5. Report missing, broken and misuse of equipment to the district office.
6. Alcohol and tobacco are not permitted in the WTCFC.
7. School appropriate workout attire must be worn at all times, including appropriate shoes and shirt.
8. Horseplay, unsafe activity, and offensive language are not permitted. Report offenders to the district office.
9. Ear buds or headphones must be used by those who choose to listen to music while working out.
10. Food is not permitted in the fitness center, gym and locker rooms. Water is permitted in these areas.
11. Do not prop open any external doors in the facility.
12. All users must abide by any and all directives of WTLS staff while present in or using the WTCFC.

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**Priority for Use of the Facility:**

At all times, priority will be given to Wayne Trace athletic teams and other WTLS programs that require the use of the WTCFC. The times listed below for member use are not guaranteed and may change without notice.

During the school year, the fitness center will be open to members during the following times:

- Weekdays: 4:30 a.m. – 7:00 a.m. and 6:00 p.m. – 11:00 p.m. *(except during practices scheduled for junior high or high school athletic teams.)*
- Weekends: Saturday morning from 4:30 a.m. – Sunday night 11:00 p.m.

During the summer months when school is not in session, the WTCFC will be open to members during the following times:

- Weekdays: 4:30 a.m. – 7:00 a.m. and Noon –11:00 p.m. *(except during practices scheduled for junior high or high school athletic teams.)*
- Weekends: Saturday morning from 4:30 a.m. – Sunday night 11:00 p.m.